

# Welcome to

## Colo-I-Suva Rainforest Eco Resort



Ni Sa Yadra (Good Morning)

### BREAKFAST IN THE FOREST

|  |         |
|--|---------|
| <b>Tea/Coffee</b><br>Bottomless cup of coffee, or a pot of tea   | \$6.00  |
| <b>Toast</b><br>2 slices white/whole-meal with bread butter & conserves  | \$6.00  |
| <b>Muffins</b> <br>2 muffins made with our very own homemade coconut flour  | \$6.00  |
| <b>Baked Beans On Toast</b><br>Ask for whole-meal or white toast   | \$9.50  |
| <b>Bacon &amp; Egg Roll</b><br>Fried egg, bacon, BBQ sauce on a toasted bun  | \$10.50 |
| <b>Raintree Hotcakes</b> <br>(Made with our homemade coconut flour)<br>Served with banana, bacon & maple flavored syrup | \$14.50 |
| <b>Eggs (2) – Any Style</b><br>Poached, boiled, fried, scrambled or as an omelette.<br>Served with grilled tomato and a hash brown.  | \$16.00 |
| <b>Pan Fried Fish Fillet</b> <br>Served with grilled tomato   | \$16.00 |
| <b>Valoloma - Fijian Breakfast</b><br>Two slices 'long loaf', fried cassava & corned mutton  | \$16.00 |
| <b>Chef's Special</b><br>A real TASTE SENSATION<br>Two slices 'long loaf' spread with garlic confit topped with<br>2 soft poached or scrambled eggs  | \$18.00 |
| <b>Bula Breakfast</b><br>Eggs (2) any style with bacon, lamb or chicken sausage, a hash<br>brown and grilled tomato  | \$22.50 |

All Cooked Breakfasts Are Served With Toast, Butter & Conserves

### EXTRAS

|   |         |
|---|---------|
| Hash Brown  | \$ 1.80 |
| Grilled Tomato  | \$ 3.00 |
| Lamb OR Chicken Sausage                                 | \$ 3.00 |
| Bacon (Light OR Crispy Grilled)                         | \$ 4.50 |
| <b>Fresh Fruit Platter</b><br>Natural yogurt on request | \$12.00 |
| <b>Fruit Juice</b><br>Ask your waitstaff                |         |

### BEVERAGES

We serve locally grown BULA COFFEE\_

|                                  |         |
|----------------------------------|---------|
| Plunger coffee – small           | \$ 5.00 |
| Plunger coffee – large           | \$ 6.50 |
| Plunger coffee – extra large     | \$ 7.00 |
| Dilmah Tea (Ceylon or Earl Grey) | \$ 5.00 |
| Hot chocolate                    | \$ 8.00 |
| Iced Coffee                      | \$ 7.00 |
| Milkshakes                       | \$ 8.00 |
| Fruit Smoothie                   | \$ 7.50 |
| Banana Smoothie                  | \$10.00 |

### Meeting Friends For Breakfast?

Try our breakfast special for 10 or more guests:  
Bula Breakfast | Pulpy Orange/Pulp Apple juice | Fruit Platter  
(natural yogurt on request) \$28.50 per person

Gluten Free option 

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